



Love's Farm News



Welcome 2016 with a bang at our family-friendly New Year's Eve party at Love's Farm House

Celebrate New Year's Eve at Love's Farm House

31 December, 7:30pm - 1am

People of Love's Farm: who's up for a party? Celebrate the New Year in style with your family, friends and neighbours. At this family-friendly party there'll be fun and games for all ages, a reasonably priced bar and dancefloor classics into the early hours. At the end it's just a

short walk home to your cosy bed.

Tickets are £10 per person, £5 for under 18s (must be accompanied by an adult), and are on sale now from the Love's Farm House office (Mon-Fri daytimes) or at the Farm House Bar (Fridays from 7:30pm). All proceeds go towards keeping our community centre up and running!

Carol singing

Thursday 17 December, 6pm

A highlight of our year. Join us on 17 December for our annual Love's Farm carol singing. Meet at Love's Farm House at 6pm to warm up our voices. Then we walk around Love's Farm and stop to sing to residents. Keep an eye on the LFCA Facebook page for the route this year. We hold lanterns designed by the Love's Farm Brownies and finish with mince pies and mulled wine at Love's Farm House at 7:30pm, hosted by Love's Farm Guides. Everyone welcome.



Bobble hats at the ready for our carol singing evening

Love's Farm Dog Walks

1st Sunday of the month, 9:30am

Join our monthly dog walks on the first Sunday of every month. It's a non-strenuous walk for about an hour, but you are free to peel off at any time. It's a great way to socialise the dogs and the owners have a good natter along the way. We try to do a different walk each month, so it's great to find new routes too. Meet at the Stone Hill Bridge at 9:30am. Contact keela.shackell@ourlovesfarm.co.uk.

Community meetings

Weds 16 December, 7:30pm

The LFCA committee meetings are held in Love's Farm House on the third Wednesday of every month. Everyone is welcome. There's always lots going on and we're delighted to meet new people.

Join our SMART days

Thank you to all of our volunteers joining our SMART days to Smarten up Love's Farm. SMART is available to all of the family, and sweet treats are the reward after collecting litter or clearing the green spaces on Love's Farm. We provide gloves, grabbers and bags. We are thrilled to hear that some volunteers clear areas and pick up litter in their own time, too. Our next SMART days are:

- > 9 January
- > 13 February

Meet at 11am or 2pm at the Pirate Ship. Contact Helene on 07938 803501 or at community.chaplain@yahoo.co.uk

New Reading Group

Love's Farm resident Jean Hickson is pleased to hear from anyone who would be interested in joining a reading group at Love's Farm House. Initially it looks as if this will happen on the first Monday of each month, from 1.30 to 2.30pm, at a very small cost. Please get in touch on 01480 473044 or email at jean.hickson@btinternet.com. Jean is also looking to join a social bridge group.

On the Menu at Love's Farm House



Cornelia, Maria, Rebecca and Helene serving up coffee, tea and cakes at the Farm House Café, Wednesdays

Love's Farm House Café Wednesdays, 9am-12pm

On Wednesday mornings we have a scrumptious selection of homemade cakes and cookies. Please come by yourself or with a friend, host a book club or support group or bring your laptop and catch up with some work.

Farm House Bar

Fridays 7:30-11pm

A bar within walking distance of home? Yes please! Open every Friday, with board games on the second Friday of the month and our quiz night on the last (although not this month on Christmas day!) It's a great way to meet fellow residents.

Lazy breakfast

Saturdays, 9-10:30am

Bacon butties, pastries and great coffee and tea, served up on Saturday mornings for a nice relaxed start to the weekend.

Breakfast Church

13th, 20th and 25th December, 10-11:30am

Usually on the 2nd, 3rd and 4th Sundays of each month - although this month it moves to Christmas Day! Everyone is welcome to come and eat breakfast, browse the papers and then take some time to consider issues of faith and doubt and how an ancient story might connect today. Contact Helene Tame via facebook or at community.chaplain@yahoo.co.uk.

Kester Pre-school

Tuesday 1st, 8th, 15th, 9am-12pm

The new pre-school (opposite Tesco) opens on 5 January 2016, and is taking registration forms now. There are three stay-and-play sessions in December, giving families a chance to look around, play and register their children. Contact Kerry on 01480 218565 kester@pre-school.org.uk.

Advent Through Art

Sunday 6 December, 7.30pm

In preparation for Christmas, you are welcome to Love's Farm House for an evening to look at Advent Through Art. Neil Thorogood, artist and principal of Westminster College, Cambridge will help us consider the Advent story through a number of pieces of art. The evening is free, open to all and will include mulled wine and mince pies! Contact Helene Tame via facebook or at community.chaplain@yahoo.co.uk.

Our Community Champions Awards

Congratulations to the winners of the Love's Farm Community Champion Awards 2015. Our Chair, Marcus Pickering, presented the awards to our Community Champions during our AGM. The winners received a very special Community Champion mug.

- Guerrilla Gardener award - **Phyllis Hooper** and **Jack Warne**
- Going the Extra Mile award - **Kirsty Pitt**
- Startup Group award - **Sarah Morgan** and **Lucy Knights** (Love's Farm Guides)
- Spirit of Love's Farm award - **Chris Sultan**



Marcus presents Phyllis with her award

- Star Behind the Scenes award - **Caroline Gregson**
- Good Friend award - **Eleanor Whalley** and **Belle**
- Outstanding Achievement – **Ben Pitt**

Nominations are open throughout the year for our 2016 awards. Contact marcus.pickering@ourlovesfarm.co.uk.

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Junior Youth Club relaunch

Tuesdays, 5-7pm from 2016

The Junior Youth Club will relaunch for children in school Years 3 and 7, on Tuesday 12 January 2016 at Love's Farm House. Watch this space for more info or contact Helene, our community chaplain on community.chaplain@yahoo.co.uk

Pumpkin festival



Our winners and their winning pumpkins

A big thank you to everyone who took part in the Love's Farm Pumpkin festival. Love's Farm has voted and we are pleased to announce that first prize goes to Theo and second prize goes to Daisy and Poppy! A huge thank you to Tesco Express Love's Farm for their donation of prizes.

Love's Farm Expo in pictures

What a launch week for Love's Farm House! It all started on 24 October with



the Love's Farm Expo. In one week we have had our AGM, community awards, barn dance, Breakfast Church, disco, film screenings, theatre, many free taster sessions, quiz night and Halloween party. All run by our amazing volunteers! Check out the Love's Farm House Facebook page and www.lovesfarmhouse.com for a photo montage of a phenomenal week.

Spotlight on... 4 Seasons Fitness

Who are 4 Seasons Fitness?

We are a brand new company, still only weeks old. Currently operating in Sandy, we offer six-week Bootcamp Courses with 100 people on each course. We also have a Fitness Membership for a variety of classes. Personal Training is available, either in the 4 Seasons Fitness Studio or at your home, work or local park. We also offer a Bootcamp class at Love's Farm House, Thursdays at 1:15pm.

First of all we want you to enjoy yourself. We always aim to create the perfect social atmosphere to meet new people with the same interests as you. Secondly, results! We want you to commit to the session. All it takes is a little investment and willing to execute the sessions to achieve some fantastic results! Results you will be proud of!

What is involved in a bootcamp class?

A variety of different bodyweight exercises, as well as equipment such as Kettlebells, Battle Ropes, Resistant Bands and Dumbbells. Each session is



Max puts the bootcampers through their paces

designed to give you a full body workout.

Are you looking to expand in Love's Farm and St Neots?

Yes, we are very excited about coming to St Neots early next year and offering our very popular six week Bootcamp Course. Also, as of the 30th November we will be running our second daytime Bootcamp

Class. They will be outside on the hardplay area opposite the Love's Farm House every Monday from 9.15am to 10am.

What else can people do to lose weight, tone up and improve fitness?

We offer Body Stat Tests. This measures your body fat percentage and lean percentage, so it will show you how much fat and muscle you have. It will also measure how well your body retains water in litres and as a percentage.

A Body Stat Test costs £20 and helps you to set goals. Having something to work towards motivates you to keep focused and stay on the right track!

Contact Max on 07862 726276 or email max@4seasonsfitness.co.uk.



The St Neots Players
Christmas Panto

Pantomonium!

By Kevin Wallace



17th - 19th
December 2015

Priory Centre

Tickets available at
stneotsplayers.co.uk
or 01480 388922

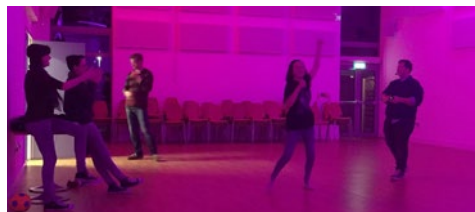
Senior Youth Club

Wednesdays, 6:30-8:30pm

Love's Farm Senior Youth Club (school years 8-11) made a small and perfectly formed start this November. Kicking off the brand new club, the young people had a Rock School Nite selecting karaoke favourites, and busting some moves.

Senior Youth Club is for all young people in St Neots who are in Years 8 to 11, every Wednesday night 6:30-8:30pm at Love's Farm House on Kester Way. As one of the new members said, "We just want somewhere nice where we can hang out with our friends". Check out their posts on the new Facebook page, Love's Farm Senior Youth Club.

Youth Club members have or will soon be able to choose from console games, ball games, arty stuff, snacks and drinks, and free Wi-Fi. Membership is just £1 per night with siblings coming along for only 50p.



Councillor surgery

Councillors Ian Gardener and David Wells are available at Love's Farm House from 10.00am to 11.00am On the first Saturday of each month (excluding January and August)

At other times contact:

ian.gardener@huntingdonshire.gov.uk

07970 613498

davidjwells@hotmail.co.uk

01480 211629

Classifieds

The Little Pamper Room. Beauty treatments in a relaxing treatment room on Love's Farm. 07557 874201

Advertise here. Reach 1,300 homes on Love's Farm with a half-page, quarter-page or classified advert. Contact keela.shackell@ourlovesfarm.co.uk.

Get in touch

Keela Shackell-Smith Editor

keela.shackell@ourlovesfarm.co.uk

Marcus Pickering Chair, LFCA

marcus.pickering@ourlovesfarm.co.uk

  **ourlovesfarm**

Ben Pitt Chair, Love's Farm House

ben@lovesfarmhouse.co.uk

01480 262626

Helene Tame Community Chaplain

community.chaplain@yahoo.co.uk

07938 803501



What's on

December 2015

Events are at Love's Farm House **foyer, hall** or **meeting room**, or **out and about**.
 Events with a * mean just turn up (for others, please book in advance).
 Visit www.lovesfarmhouse.co.uk or call 01480 262626 for more information.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Baby Sensory 9:40 - 10:40am, 11am - 12pm Yoga for people living with Cancer 10 - 11am Everyone Health 1:30 - 3pm Pilates 7 - 8pm, 8 - 9pm	* Farm House Coffee Shop 9am - 12pm Music For Little People 9:45 & 10:45am At Peace Yoga 10:30am - 12pm * Love's Farm Starlings 1:30 - 3pm * Senior Youth Club 6:30 - 8:30pm	* 4 Seasons Fitness Bootcamp 1:15 - 2pm * Rhymetime 3:15 - 3:45pm 4th St Neots Brownies 6 - 7:30pm 1st Love's Farm Guides 7:30 - 9pm	Switch Now 9:30am-3pm Burlesque Fitness 6:15 - 7:15pm * Farm House Bar 7:30 - 11pm	* Lazy Breakfast 9 - 10:30am Rosettes Dance Class 9:30 - 10am Junior Street Dance Class 10 - 10:45am Councillor surgery 10 - 11am	* Love's Farm Dog Walk Meet by the pirate ship at 9:30am * Advent Through Art 7:30pm
Hartbeeps 9:30, 10:30 & 11:45am NCT Mother & Baby Yoga 1:15pm Pop Movers 4:15 - 5pm At Peace Yoga Therapy 7 - 8:30pm	Yoga for people living with Cancer 10 - 11am Everyone Health 1:30 - 3pm Pilates 7 - 8pm, 8 - 9pm	* Farm House Coffee Shop 9am - 12pm Music For Little People At Peace Yoga Therapy * Love's Farm Starlings * Senior Youth Club <i>All times as above</i>	* 4 Seasons Fitness Bootcamp 1:15 - 2pm 4th St Neots Brownies 6 - 7:30pm 1st Love's Farm Guides 7:30 - 9pm	Switch Now 9:30am-3pm Burlesque Fitness 6:15 - 7:15pm * Board Games at the Farm House Bar 7:30 - 11pm	* Lazy Breakfast 9 - 10:30am Rosettes Dance Class 9:30 - 10am Junior Street Dance Class 10 - 10:45am <i>Available for private hire</i>	* Breakfast Church 10 - 11:30am <i>Available for private hire</i>
Hartbeeps 9:30, 10:30 & 11:45am NCT Mother & Baby Yoga 1:15pm Pop Movers 4:15 - 5pm At Peace Yoga Therapy 7 - 8:30pm	Yoga for people living with Cancer 10 - 11am Everyone Health 1:30 - 3pm Pilates 7 - 8pm, 8 - 9pm	* Farm House Coffee Shop 9am - 12pm Music For Little People At Peace Yoga * Love's Farm Starlings * Senior Youth Club <i>times as above</i> * LFCA Committee Meeting 7:30pm	* 4 Seasons Fitness Bootcamp 1:15 - 2pm * Carol Singing Meet at 6pm at Love's Farm House	Switch Now 9:30am-3pm Burlesque Fitness 6:15 - 7:15pm * Farm House Bar 7:30 - 11pm	* Lazy Breakfast 9 - 10:30am * Love's Farm House AGM 6:30 - 7pm <i>Available for private hire</i>	* Breakfast Church 10 - 11:30am <i>Available for private hire</i>
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At Peace Yoga Therapy 7 - 8:30pm	* Chocolate Bingo 6-8:30pm £1 per person		New Year's Eve Party 7pm - 1am £10 (£5 kids)			

