



Love's Farm News



Love's Farm Ladies WI with a spectacular array of baked goodies. Join them on 9 December for some Christmas fun.

Love's Farm Ladies WI Christmas Fayre

**Sunday 9th December 1.30pm
- 4pm, Love's Farm House**

The Love's Farm Ladies will be holding their Christmas Fayre at Love's Farm House on Sunday 9 December. Entrance is free, and there will be plenty on offer including cake, gift and craft stalls, refreshments, a raffle and tombola, face painting and the chance to meet Father Christmas himself! The event will raise

funds for the St Neots Acorn Cancer Support Group, so come along, have some fun and support a great cause!

Parking Restrictions: Decision Due Soon

All residents should have received a letter detailing the formal consultation for parking restrictions on Love's Farm. The

formal notice was published in the local newspaper on Wednesday 7 November 2018 with a deadline for comments by 30 November 2018. A copy of the notice, drawings and additional information can be found on the Council's website (visit www.bit.ly/cambridgeshiretrot) and at Love's Farm House.

Objections and other comments that were submitted by 30 November will be considered by the Council and a final decision is expected to be taken in January 2019 on whether to implement the parking management scheme.

As expected, a range of views have been expressed, with some residents demanding no restrictions near their homes, while others want double yellow lines on all spine roads. LFCA has worked with residents and the council to ensure that all views are heard and understood. Unfortunately, though, it is impossible to accommodate all requests. To enhance safety and traffic flow through the estate, the council will approve the scheme if it believes it is supported by the majority of the community.

Northern Access

Those of you who commented on Cambridgeshire County Council Highways' proposal to permanently close the Northern Access ("bus gate") at the top of Hogsden Leys may have received a notice from the council saying they intend to proceed with permanent closure. Julie Wisson, your county councillor has objected to this and believes that the decision in fact will have to be

approved by the relevant county council committee. If this is correct, there will be an opportunity for LFCA and residents to make further representations at the meeting. Julie's and my view is that fuller consideration of options is needed, especially for emergency vehicle access.

Cllr David Wells

Sorting Out the Chicanes

LFCA have submitted a Local Highways Improvement (LHI) bid to Cambridgeshire County Council to look at improving and/or moving the chicanes, especially those on the Dramsell Rise bridge and the junction of Hogsden Leys and Cockrells. An engineering assessment has come back favourable. The key next steps are to secure a commitment for some third-party funding and to get the scheme prioritised by the county council, as only a limited number of LHI bids are approved each year. There is an opportunity to present to the LHI panel on 10 December for the latter.

Meanwhile, Huntingdonshire District Council is looking into the feasibility of additional street lighting on the footpath between Fox Brook and Hull Way.

Cllr David Wells

Councillor Surgery

Your county, district and town councillors are on hand on the first Saturday of the month (except January and August), 10-11am in the meeting room at Love's

Farm House. It's an opportunity to raise any issues you have. You can also reach them via the contact details on the inside back cover of this newsletter.

What's New at Love's Farm House

Fit Mums Post-natal Exercise Class

Wednesdays 9.25 - 10.10am from January 2019

NJ Fitness and Massage, who already bring you Zumba and Fitness Pilates, are introducing a post-natal exercise class on Wednesday mornings for mums with



Fit Mums post-natal exercise, coming to Love's Farm House on Wednesdays from January 2019

babies and toddlers. The 45-minute class will give you a full body workout, focusing on effective exercises to support your body post-pregnancy by improving strength, balance, energy levels, core, pelvic floor, posture and general fitness levels. The session uses a variety of equipment and is taught by a pre- and

The background features a blurred image of a person working on a laptop, with financial charts and graphs visible on the screen. The Spinifex logo, consisting of a stylized bar chart icon and the text "SPINIFEX Accounting Services", is positioned on the left side of the page.

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For a FREE consultation or for more information please contact:
07738 477350 / hello@spinifex.co.uk

post-natal specialist exercise instructor. Exercises are done to fun music and give you an opportunity to work out in a safe environment and meet new friends. Babies are welcome to stay in their buggy or car seat, or they can come and play on the mats with the toys which are provided. Classes are £30 for a 6-week block, and booking is essential as spaces are limited. Contact NJfitnessandmassage@outlook.com to book your space, or get in touch with Nicola via the NJ Fitness Pre and Post Natal Facebook page.



Serene Baby Massage & Yoga

Serene Baby are bringing their baby massage and

baby yoga classes to Love's Farm House in the New Year. Massage and yoga both have many benefits for your baby, and classes are taught in small groups which are all baby led. They will be holding a free baby massage taster session on Monday 10 December, 10.30am - 11.15am for babies from eight weeks to pre-crawling. Attendees will learn soothing and calming holds for their baby, learn why their baby benefits from each massage movement and feel more connected and bonded to their baby.

Booking is essential as numbers are limited. To book your place contact Sareena on 07921154861 or visit www.serene-baby.com for more information.

What Do You See?



ANGER...FEAR... SADNESS... LOVE..?

If you have the natural ability to see the person behind the eyes, we will train you to have an amazing new career with great benefits at The Marbrook Centre

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Cllr Ferguson gives a pre-run pep talk to runners

Pocket Parkrun

Did you know that St Neots has its own parkrun which takes place in Pocket Park (which is located close to the Willow Bridge behind the Ernulf Academy) every Saturday morning at 9am? In the 24 weeks since it started over 1,700 people have run, walked or jogged around the 5km route in Pocket Park. It's free to join and everyone is welcome, whatever their running ability. The course record is 16 minutes and 17 seconds (with a female record of 18:39 held by Love's Farm's Jo O'Regan), but we regularly have walkers that complete the course in an hour or more. Because we have a dedicated volunteer tail-walker, nobody ever finishes last.

The good news is that we are building on this success by launching a brand new Junior parkrun in St Neots next year. Junior parkrun is for 4 to 14-year-old children and is held over a shorter 2km course on a Sunday morning at 9am. The Junior parkrun team are currently recruiting volunteers to help set up the event. No previous experience is required, and it's a great community activity.

If you are interested in more information

about either Pocket parkrun, or St Neots Junior parkrun please email me at stephen.ferguson@ourlovesfarm.co.uk

Stephen Ferguson



Police & Crime Update

On 17 October the Love's Farm community met with St Neots Police Sergeant Adam Bagulay for an update on policing issues in our area. The bottom line is that the police are significantly stretched and we need residents to respond to help our community.

We need to lobby for more Police resources

The key message from the meeting was that police resources are unbelievably scarce. The community policing team for St Neots and the surrounding villages comprises just one police sergeant and three full time (and one part time) PCSOs. We need to apply pressure wherever we can to ensure more resources are allocated to St Neots and Love's Farm. We would urge residents to write to:

Jason Ablewhite – Police & Crime Commissioner for Cambridgeshire.
cambs-pcc@cambs.pnn.police.uk

Jonathan Djanogly – our MP. jdanogly.mp@parliament.uk

Our local councillors – contact details on the inside back cover.

Be vigilant and take simple precautions

A significant proportion of recently

reported crime has been simply opportunistic. Don't make it easy for criminals! Be vigilant and help your neighbours by keeping an eye out for each other.

- Ensure doors, windows, garages and sheds are secure.
- Light your property at night indoors and out and consider security systems.
- Keep valuables out of sight and mark belongings including bikes, scooters and prams.
- Tell your neighbours if you are going away for a time.

Immobilise is a free national facility that allows you to record your personal property and belongings. In the event that a registered item is lost or stolen, they can easily be returned to you if any of the items are recovered by the police.

Report, report, report!

It's tempting to think that because the police are so busy there's no point in reporting minor crimes. Nothing could be further from the truth! The police might not have time to investigate or follow up but the reports are used to build a picture and to allocate resources. If nothing is reported, the assumption is that everything is fine.

- Crimes and concerns can be reported online at www.cambs.police.uk/report It only takes a few minutes and you don't need to wait on the phone.
- Call 101 for non-emergencies.
- Always call 999 when it is an emergency, such as when a crime

is in progress, someone suspected of a crime is nearby, when there is danger to life or when violence is being used or threatened.

- To give some information about a crime anonymously, contact CrimeStoppers on 0800 555 111 or visit www.crimestoppers-uk.org

Womble Crossing for Cambridge Road



Underground, Overground, Wombling Free. We all know the song from our childhood but the residents of Love's Farm and future residents of Wintringham will

need to take great care when crossing the busy and dangerous Cambridge Road, which runs straight through the heart of our growing community.

We have a once-in-a-lifetime opportunity to do something really special when it comes to positively influencing how St Neots, the biggest town in Cambridgeshire, expands for the benefit of all. We can only do this with the coordinated support of local residents, the property developers Urban&Civic and Cambridgeshire County Council.

As lead petitioner, I am asking for your support so that, as the Wintringham Park and Love's Farm Phase 2 developments are built (with huge increases in the numbers of local residents), a pedestrian-friendly crossing is developed to help build a truly integrated and safe

community, as well as keeping traffic flowing efficiently in and out of our town. Current proposals for pedestrian crossings are insufficient to deal with the challenges of increased traffic flows along this busy road and do not put pedestrian safety at the forefront of this future development.

The residents need to have a Womble solution – a bridge or tunnel.

Underground, overground, it really does not matter but what either will do is to ensure that pedestrians (including school children) won't have to take their chances with the traffic on Cambridge Road.

We are calling on the County Council and the property developers Urban&Civic to reconsider their current position with the hope that they will advise that the bare minimum requirements of any new crossing is one that completely removes the need for the community to be at risk of being run over as they cross the road. If you agree, please sign the petition at www.bit.ly/womblecrossing.

Feel free to contact me at Nik.Johnson@huntingdonshire.gov.uk Thank you for your support. Together we can all work for a better solution for our community.

Cllr Dr Nik Johnson

bpha Noticeboard

Christmas is just around the corner, and that means family gatherings, piles of presents... and lots of household waste.

Please use the local recycling centre to take the excess Christmas wrapping paper, boxes and any unwanted items.

You'll find it at 3 Marston Road, St Neots, PE19 2HB. It's open daily from 8am to 6pm, except for Christmas Day, Boxing Day and New Year's Day, and closes early at 1pm on Christmas Eve. Call 01480 354355 for more information.

The bpha team wishes all Love's Farm residents a fantastic Christmas.

Lindsey Smith

SMART

Saturday 1 December and 12 January, 11am and 2pm.

The next SMART day will be Saturday 1 December, come rain or shine. Meet at the Pirate ship at 11am or 2pm. We'll supply all the equipment you need. The next one after that will be Saturday 12 January.

Cocktails & Karaoke

Friday 7 December, 8pm

Friday 4 January, 6:30pm

Nothing says "community" more than a line of complete strangers, arm in arm, belting out *I Dreamed a Dream* at the top of their voices while trying to keep their Strawberry Daiquiris



Cocktails and Karaoke at the Farm House Bar

in their glasses. And if there's some interpretive dancing going on at the same time, it can only be the Love's Farm House Cocktails & Karaoke night.

We've recently upgraded to a new karaoke system with almost 10,000 songs to choose from. With freshly made cocktails, posh gins and tonic, a wide range of other spirits, beers, wines and soft drinks plus an absolute free-for-all on the microphones, a great night out is guaranteed.

8pm start on 4 December, and an earlier 6:30pm start on 4 January for some family karaoke fun (children accompanied by a parent or carer until 9pm).

Pan's Labyrinth

**Friday 14 December, 7pm,
Love's Farm House**



Pan's Labyrinth, Friday 14 December at the Farm House

St Neots Film Club presents Pan's Labyrinth (Cert 15), a hauntingly dark fairy tale that's certainly not for children, written and directed by Guillermo del Toro (*The Shape of Water*). This Spanish language film will be served up with Spanish cocktails and tapas (and English subtitles). Bar from 7pm, film starts at 8pm.

Love's Farm Christmas Carols

**Thursday 20 December, 6:30pm,
meet at Love's Farm House**



Share some Christmas spirit with your community.

Wrap up warm in your best Christmas jumpers and hats for an evening of carol singing around Love's Farm. We meet at Love's Farm House at 6:30pm, from where we will follow a route across the community, ending back at the Farm House at 7.45pm for festive refreshments. Everyone is welcome to join in for all or part of the evening.

Please visit www.ourlovesfarm.co.uk to check the route and for the link to the Carol App that we'll be using so that we have words and light to hand.

Christmas Cheers at the Farm House Bar

**Friday 21 December, 6pm,
Love's Farm House**

Our final bar evening for 2018 will include seasonal tipples, mince pies,



Time to chillax at the Farm House Bar on 21 December.

Bublé on the jukebox and our virtual log fire roaring away in the foyer. Come and share in some festive fuzziness at your friendly neighbourhood community bar. Accompanied, well-behaved children welcome until 9pm.

Christmas Eve Carols and Nativity Event

Monday 24 December, 4pm, Love's Farm House

Love's Farm Church aka Breakfast Church are hosting a Christmas Eve carol and nativity event with a retelling of the Christmas Story, carols, candles, crafts and festive nibbles on Christmas Eve at 4pm at Love's Farm House. Children and grown ups are welcome to come and explore the story together.



Christmas Day celebrations with Breakfast Church.

More details will appear soon at www.facebook.com/lovesfarmchaplain.

Christmas Day Celebrations

Tuesday 25 December, 11am, Love's Farm House

On Christmas Day, Breakfast Church will gather for a short Christmas service preceded by a light breakfast beginning at 11am. This will be followed by a Christmas Lunch for those who would like stay. Details from Helene on community.chaplain@yahoo.co.uk

Chocolate Bingo

Friday 28 December, 7 - 8:30pm Love's Farm House

Join Emma for bingo Love's Farm style....Bingo, chocolate and a few Love's Farm twists! £1 per person (minimum 10 games). No bar so bring your own refreshments and glasses.

New Year's Day Brunch

Tuesday 1 January, 11am - 1pm Love's Farm House

Join the Lazy Breakfast team for a late morning medley of comfort food, soothing music and activities to keep the kids entertained. We'll be serving fry-ups, bacon butties and pastries, plus the usual selection of posh coffees, speciality teas and luxurious hot

chocolates. Veggie, vegan and gluten-free catered for. Bring your own bean bag!

After the impressive turn-out of hungry and hungover Love's Farmers last year – which we must admit took us slightly by surprise – we'll be firing up the griddle nice and early this time to ensure we can keep up with demand. Bon appétit!



Messy Church

Friday 4 January 2019, 10:30am

There'll be no Messy Church in December to avoid a clash with the school fair, so the next one is on Friday 4 January at 10.30am. We'll start the morning with a quick snack before exploring the story of the wise men who followed the star to find Jesus with their gifts of gold, frankincense and myrrh. Messy Church concludes with hot dogs, salad and cake at midday.

Love's Farm Movie Makers

Age 16 and Under, £27.50 per 12-Week Term

Did you know Love's Farm has its own children's film-making club? Love's Farm Movie Makers is for children of all ages (maximum age 16) who are interested in directing, producing, writing or starring in their own films. Children will learn skills both in front of and behind the camera, including how to use all the filming equipment and plan their own

projects. As well as gaining technical skills, children grow in confidence by performing in front of the camera and of course they make new friends and have fun along the way! All footage will be edited and provided on a DVD at no extra cost. For more information contact Iona on moviememoirs16@gmail.com or visit www.movie-memoirs.co.uk.

Advertise Here

Advertise your company or event with a half-page, quarter-page or classified advert. This newsletter is delivered to over 1,400 homes on Love's Farm. Contact Jenny on 01480 262626 or email jenny@lovesfarmhouse.co.uk.

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Love's Farm Community Association (LFCA)

Chair: Marcus Pickering marcus.pickering@ourlovesfarm.co.uk
www.ourlovesfarm.co.uk



Love's Farm House

Bookings and general enquiries (Monday to Friday, 9am to 3pm):
 Jenny Bishop 01480 262626
jenny@lovesfarmhouse.co.uk
 Chair of trustees: Ben Pitt
ben@lovesfarmhouse.co.uk
www.lovesfarmhouse.com



Town Councillors

Stephen Ferguson, stephen.ferguson@sntc.co.uk
 Caroline Gregson, caroline.gregson@sntc.co.uk
 Neil Hook, clrr.neil.hook@gmail.com
 Ben Pitt, ben.pitt@sntc.co.uk

District Councillors

David Wells, 01480 211629,
davidjwells@hotmail.co.uk
 Nik Johnson, 07957 210183,
nikmagpiejohnson@btinternet.com

County Councillor

Julie Wisson, 07725 791459, julie.wisson@cambridgeshire.gov.uk

Community Chaplain, Breakfast Church

Helene Tame, 07938 803501
community.chaplain@yahoo.co.uk

2nd St Neots Beavers, Cubs and Scouts

tinyurl.com/lovesfarmcubs

Movie Making Club

Ages 4-16. £27.50 per term.
www.movie-memoirs.co.uk

Serene Baby

Massage & Yoga

Ages 8 Weeks to Pre-Crawling.
 Contact Sareena on 07921154861
www.serene-baby.com

BPHA

Contact Customer Services on 0330 100 0272 www.bpha.org.uk

Hartbeeps

Ages: 0 to 4, £7 per child.
 Contact Anna on 07903 142133 annac@hartbeeps.com, www.hartbeeps.com

Abacus Mental Maths

Contact Abi on 07712 659961 or Bedford@brainup.uk, www.brainup.uk

Zumba and Fitness Pilates

£5 per class. Contact Nicola at njfitnessandmassage@outlook.com.

Baby Sensory

Birth to 13 months, £70 for 10 classes. Contact Sam on 07538 502587 beds@babysensory.co.uk, www.babysensory.com

Pilates

£78 for 12 classes. Contact Laura on 07900 242904 or laura@laurasfitness.co.uk.

Challenge 2 Achieve

Call 01480 581321
hi@challenge2achieve.com, www.challenge2achieve.com

Tiny Tots Dance

Ages: from walking to pre-school, £4.50 per child. Contact Amy hello@tinytotdance.co.uk or www.facebook.com/tintytotdanceclasses

Minilinguals

Ages: 3 months to 7 years, £45 for 10 classes. Contact Vicky on 07979 503269 or hello@minilinguals.co.uk.

St Neots Tang Soo Do

Karate Club

Ages: 6 to adult. £4.50 per person / £9 per family. Contact Paul on 07790 217170

Little Loves

Ages: Birth to Preschool, £1 per family. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

Love's Farm Rainbows, Brownies & Guides

Contact guides@lovesfarmguiding.org.uk, www.girlguiding.org.uk

Child & Me Zumba

Parents/carers with children aged 0 to 5, £5 per session. Contact Becky becky_h16@hotmail.com

Yogabellies

Contact Niki on 07514093907, niki@yogabellies.co.uk, www.yogabellies.co.uk

Junior Youth Club

Ages: School Years 3 to 6. Contact Helene on 07938 803501, community.chaplain@yahoo.co.uk

St Neots Film Club

£5 per person. www.facebook.com/StNeotsFilmClub

Nia

£8 per class. Contact Ildi at ildiko.miklos@hotmail.com, facebook.com/ildinidia

Streetdance

Various classes for ages 4+, £4 to £5.50 per class. Contact Katy on 07500 875060, www.katynorthdanceacademy.com

Life Drawing

Contact Stephen at lifedrawing@neotists.co.uk

Love's Farm Ladies (WI)

lovesfarmladieswi@gmail.com

Love's Farm Runners

Visit www.facebook.com/groups/lovesfarmrunners

What's On

December 2018

Events are at Love's Farm House **foyer**, hall or **meeting room**, or **out and about**. Events with a * mean just turn up. For others, please book in advance. Visit www.lovesfarmhouse.co.uk or call 01480 262626 for more information.

Saturday	Sunday
Nia 8am - 9am * Lazy B'fast 9 - 11am Street Dance 9.15-11.45am * Cllr Surgery 10 - 11am SMART Day 11am & 2pm @ Pirate Ship Graffiti Workshop 12.30 - 3.30pm	Life Drawing 9.45 - 11.45am Pregnancy Yoga 6.45pm 2
Hartbeeps 10am, 11am, 12.15pm & 1.30pm Film-Making Club 4 - 5pm Abacus Maths 5.30 - 6.30pm * Zumba 7 - 8pm Fitness Pilates 8.10 - 9.10pm	Tiny Tots Dance 10.30 - 11.30am * Love's Farm Starlings 1.30 - 3pm (HV until 2.45pm) Rainbows 3.45 - 4.45pm Brownies 4.50 - 5.50pm Pilates 6pm, 7pm, 8pm Challenge 2 Achieve 6 - 8pm * LF Runners 8pm @ Stn Sq
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Hartbeeps Xmas Parties 10.15am & 11.45am Abacus Maths * Zumba Fitness Pilates Times as above	Tiny Tots Dance 10.30 - 11.30am * Love's Farm Starlings 1.30 - 3pm (HV until 2.45pm) Rainbows 3.45 - 4.45pm Brownies 4.50 - 5.50pm Pilates 6pm, 7pm, 8pm Challenge 2 Achieve 6 - 8pm * LF Runners Times as above
* Breakfast Church Christmas Carol Service 4 - 5pm	* Breakfast Church 10 - 11.30am 7
LFH Office Closed 31	Visit www.lovesfarmhouse.com or facebook.com/lovesfarmhouse for the January 2019 What's On guide.
	 Love's Farm Community Association